

**LEICESTER CITY HEALTH AND WELLBEING BOARD**  
**Thursday 17 August 2017**

<b>Subject:</b>	<b>Leicester Children and Young People's Health and Wellbeing Survey 2016</b>
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**EXECUTIVE SUMMARY:**

**Background**

The attached Leicester Children and Young People's Health and Wellbeing Survey 2016 provides a cross-sectional snapshot of health and wellbeing issues for children and young people in the city. This will be made available on the City Council web-site.

A key purpose of the survey is to inform strategic and specific need assessments, which are essential to the council and partners' commissioning and policy making for improved health and wellbeing. Importantly, the survey also aims to provide starting points for further insight activity on health and wellbeing issues in the city to help shape communications, service delivery and opportunities for children and young people. The survey is also complementary to the adult Leicester Health and Wellbeing Survey 2015.

It is expected that use of the findings of the attached survey will inform and be included in appropriate reports and proposals prepared by partners and viewed as an important contemporary adjunct to the Leicester Children and Young People's JSNA.

The survey was undertaken by the Schools Health Education Unit (SHEU), based in Exeter, working closely with staff from the Division of Public Health. SHEU collected information from just under 3,000 10-15 year olds in the city. This data was analysed by the SHEU and shaped for presentation by staff of the public health division in the council. Brief details of methodology of the survey are included in the report.

**Results**

Overall the survey paints a picture of children and young people who are positive about life and their prospects. Most, for example, like where they live and are positive about their school. They feel safe in their neighbourhood, school and home. Two-thirds say they have a trusted adult they can talk to when worried about something and, faced with disappointment, some two-thirds say they learn from it for next time.

The survey also identifies challenges involving some children and young people which call for new or continued attention. Analysis by demographic group, deprivation and geography has highlighted White British, most deprived, and those living in the North West, South and West of the city as more likely to report 'risk factors' than other groupings of children and young people in the city. For example these groups

are more likely to suggest; their area is not a good place to live, they hardly enjoy any of their lessons, they have a parent/carer who smokes, and they have been bullied in the last 12 months. By comparison those of Asian background are less likely to report issues highlighted by their White British counterparts. Black and Mixed Heritage respondents are also less likely to raise these issues and are similar to Leicester overall.

## **Contents**

The early sections on “The Survey at a glance” and “Who’s at risk?” provide an overview of the results, followed by sections on:

- Where you live?
- Schools
- Leisure activities
- Relationships and sexual health
- Emotional wellbeing and resilience
- Bullying
- Diet
- Physical activity
- Oral health
- Smoking
- Alcohol and drug use
- Who are our sample?
- What we mean by risk?
- Technical notes

## **Further reports**

The Division of Public Health have received the full data set from SHEU and further analysis of the data can be undertaken around particular questions.

A shorter infographic presentation of key findings aimed at young people will be produced with the support of Council’s Specialist City Wide/ Youth Involvement Lead and partners.

Schools facilitating input to the survey will receive a separate report based on the results from respondents attending their schools. This will be unique to the school and any comparisons will be made with the overall Leicester results. The reports will be prepared by Schools Health Education Unit (SHEU) and be available for the autumn term.

## **Further insight – focus groups**

The contract with the Schools Health Education Unit (SHEU) includes undertaking five focus groups on areas of the survey which would benefit from closer, qualitative investigation. We will therefore identify topics where a focus group would add value to the survey. These focus groups will take place in September/October 2017.

## **Dissemination Plan**

The working draft report of the survey has been considered and revised following feedback from:

- Public Health DMT, 12 June 2017.
- Lead Member Briefing Public Health 21 June 2017.
- Education and Children’s Services DMT 28 June.
- Children’s Lead Member Briefing, 4 July 2017.

Next steps for sharing the survey results include:

- Publication of the summary report on Leicester City Council website (August).
- Workshops at Children’s Trust Board (to include discussion of possible focus groups, September).
- Circulation of school based reports (September/October).

- Presentation to Young People's Council and Youth Involvement Team (October)
- Young person's debate as part of Democracy week, (October).

It is proposed that in addition to these actions, a short presentation and guidelines to promote discussion of findings is developed, with the intention that this supports cascading the results to a range of organisations and functions, for example commissioners, practice and delivery leadership and their teams, and those concerned with promoting a clearer understanding of issues for children and young people.

This process will start with the Children's Trust Board workshop in September. It is intended that those participating will be able to cascade the survey to others within their organisations or networks. Relevant materials will be made available on the web, and available to stakeholders in the Health and Wellbeing Board, voluntary sector and young people's groups.

### **RECOMMENDATIONS:**

The Health and Wellbeing Board is requested to:

- Receive and provide comment on the attached report
- Support dissemination, consideration and use of the survey results

**Attachment:** Leicester Children and Young People's Health and Wellbeing Survey 2016.